



### **CHEKETRI KARATE**

https://www.facebook.com/cheketrikarateclub/



#### https://www.cheketrikarate.com

### Cheketri karate offers:

- Traditional Karate in the style of Okinawa Goju Ryu
- Traditional Martial Arts Weapons in the style of Okinawa Kan and Dentokan
  - Iaijutsu (Japanese sword)
    - Aikijujutsu
  - Sports Karate for those interested in competing





## **Benefits of Martial Arts:**

Co-ordination Leadership skills

Balance Memory

Confidence Muscle strength

Sequencing Body Awareness

Concentration Fitness

To find out more contact us on:

021 153 7901

Email Sensei Molly- <a href="mailto:pmdrlops@xtra.co.nz">pmdrlops@xtra.co.nz</a>



<u>Senior Instructor</u>: Shihan Penny Cheketri, a school teacher, with over 40 years of Martial Arts experience.

She is a member of the New Zealand Karate team and competed in the WGKF World Tournament in Malaysia in September 2019, winning a gold medal for individual kumite giving her the title of World champion and a silver medal for kata. She also won a gold medal at the 2018 Oceania competition and a gold medal in 2017 at WGKF world Tournament.

Penny has been awarded her 6<sup>th</sup> Dan Black belt and the title of Renshi in acknowledgement of her high standard of teaching and the title, Shihan meaning Master by Hanshi Ki'ichi Nakamoto. She travels to Okinawa in Japan to train with our Grandmaster.

She has also been awarded her 5<sup>th</sup> Dan Black Belt in Dentokan Kobujutsu and the titles of Shihan and Renshi in Traditional Martial Arts Weapons. Penny trains weekly using Zoom with The Dentokan International and trains with them in person annually.

For those of you who know about the importance of Martial Arts Lineage, Penny is a direct student of Hanshi Teruo Chinen, Hanshi Ki'ichi Nakamoto and Hanshi Neil Malpas.

The majority of our communication is done through our Facebook page. Please like us so you can keep up-to-date on important information and events, as well as see student progress and achievements.

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# **CHEKETRI KARATE REGISTRATION FORM**



Student's name:	DOB (if student is a minor):
Parent's name if student is a minor:	Mobile:
	(required in case of an emergency)
Email: Dojo (training place):	Training Day/s :
(this is our main form of communication and you will be added to our group email list).	
Health Informati	tion
Does student have any allergies?	
Are there any <i>health</i> concerns we should be aware of?	
,	
Are there any <i>other</i> concerns we should be aware of?	
Terms of Agreer	ment
	permission for my child(child's name
child understands that he/she will move directly to the place where is my responsibility to ensure my child is supervised if they arrive early of the class. During the allocated class time, Cheketri Karate instructions, however I understand that, since this is a sport requiring neither Cheketri Karate nor the instructors can be held liable. Covid restrictions: Please note we follow the rules and guidelines for follow the conditions of hall hire from the schools where we train. It discuss this further. Contact Molly <a href="mailto:pmdrlops@xtra.co.nz">pmdrlops@xtra.co.nz</a>	arly to a class or remain on the premises after the end ctors will take reasonable steps to ensure the safety of physical engagement, injuries may occur. I agree that from the NZ health board. We are also required to
Payment Option Please see attached page for details on costs for the various martin	
If you miss a class, then you are always welcome to attend any of t	he other classes we offer, including Zoom classes, at a
day and time convenient to you. There is no reimbursement for mis	ssing a class.
Payment Options are:	04 0407220 00
1. Internet Banking payment to P. Cheketri <u>Bank</u> : 06 – 099 <u>Ref</u> : <u>Child's</u> Name and surname & <name of="" school=""></name>	91 - 010/238 - 00
<del></del>	hild(s) name on it with the amount paid
Social Media/ Pror	motion
We regularly take photos and videos of students during their classe	
whether or not you give permission for you/your child's photo to be	e taken and video used on our Facebook page,
website, Instagram, other social media, adverts and newsletters.	osial modia, adverts and newslotters?
Do you <b>give</b> permission for your/your child's photo to be used on so Yes, I give permission.  No, I do not give permissio	
While we encourage photos and videos of your own child, please be	
photographed or videoed. Please do not take photos or video the in	
Acceptance of Terms (this applies for the entire year and it is the changes)	responsibility of the parent to inform us of any
Signature (Parent's Signature if student is a minor):	Date
· · · · · · · · · · · · · · · · · · ·	Date